

Kids and Anxiety



Whilst some feelings of anxiety can be a normal part of children's development, an increasing number of children are experiencing higher levels of anxiety that are impacting on their everyday life.

This workshop will help parents and caregivers:

- understand anxiety
- learn simple strategies to use at home.

For parents & carers of children aged 3 to 12 years.

Date: Tuesday 27 August 2019

Time: 12.30pm to 2.30pm

Venue: Wirrabirra Primary School
71 Corfield Street, Gosnells

To register: Call 9398 8720 or email: CPCGosnells@centrecare.com.au

Crèche available.
Bookings Essential

Supported by: