

# Parenting; Is there an App for that?



This program aims to assist parents and caregivers to understand what their child is communicating and how to respond. The course will explore:

- how to listen to the messages your child gives you
- ideas about being a parent/parenting
- what to expect from your child's developing brain
- sleep\*, stress\* and other common issues (*\*Yours and theirs*)

**Date:** Tuesday 17 September 2019

**Time:** 12.30pm to 2.30pm

**Venue:** Child and Parent Centre – Gosnells,  
173 Hicks Street, Gosnells (access via Clara Street)

**To register:** Call 9398 8720 or email: [CPCGosnells@centrecare.com.au](mailto:CPCGosnells@centrecare.com.au)

Crèche available.  
Bookings Essential

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