



### **Tip 31 - What dads and father - figures need.**

As part of The Fathering Projects involvement with your school, I will be including helpful tips and ideas for all fathers and father – figures. I hope these tips will help, inspire and encourage all fathers and father – figures to be the best that they can be, as all fathers and father – figures are critically important in every child’s life. Tips derived from “The Blue Book of Tips for Fathers and Father-Figures”

#### **More involved fathers and father – figures = better outcomes for children.**

- Fathering and mentoring don’t come with a licence - read a fathering book & attend a seminar.
- Use a diary plus some friends in order to plan and to keep going with any good intentions.
- Ask your school, workplace, club, church etc. to create a fathering group.
- It is never to late to overcome any internal resistance to learning about fathering & changing.
- Accept that it is harder to be a good dad today for many reasons - it does take time and sacrifice.
- Don’t postpone making changes - you might regret it. Time doesn’t stand still.

The Fathering Project is not a counselling service; we are seeking to inspire and equip fathers and father - figures to engage with their children.



If you would like more information about The Fathering Project, contact: David Walker:

Email: [David.walker@thefatheringproject.org](mailto:David.walker@thefatheringproject.org)

Mobile: 0418 524 456

Or visit our web site: <https://thefatheringproject.org/>