



## Tip 35 - Be Involved.

As part of The Fathering Projects involvement with your school, I will be including helpful tips and ideas for all fathers and father – figures. I hope these tips will help, inspire and encourage all fathers and father – figures to be the best that they can be, as all fathers and father – figures are critically important in every child’s life.

### **More involved fathers and father – figures = better outcomes for children.**

This week, we are taking a look at the importance of being involved, no matter what is happening with your parental partner.

#### **Be involved.**

- Make sure to keep track of the key things that are happening in your children's life – even when you're apart.
- Send small messages or make phone calls to remind them of your love, support and presence. Small thoughts and wishes like “good luck with your exam today” or “train hard at soccer tonight” are simple but meaningful ways to reassure your child that you're still attentive to what's going on for them.
- Continuing to attend parent/teacher interviews, sporting events, dance classes, plays and your child's other important events helps to show that you will always be there, no matter what.
- Other opportunities to 'be there' are volunteering at their school, using your phone to check-in regularly and remind them that you're thinking of them.

Use your phone's camera app to scan 



**get involved**  
with your  
**Dads Group**  
at Gosnells Primary School



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