



Tip 42 - Working at home with, kids.

As part of The Fathering Projects involvement with your school, I will be including helpful tips and ideas for all fathers and father – figures. I hope these tips will help, inspire and encourage all fathers and father – figures to be the best that they can be, as all fathers and father – figures are critically important in every child’s life.

More involved fathers and father – figures = better outcomes for children.

With many families now working, living and learning within the confines of the family home, it can get tough to find the balance.

Here's some tips on how you can keep the home and home-office working well.

- Set the children up first so they have everything they need to be engaged for the time you have planned.
- Explain to your kids that you will have work to do on your own, and at the same time they will be doing things on their own as well.
- Let them know that you will be taking some breaks and during these breaks, they will have your attention and you can do things together.
- You could go for a walk (if you’re not self-isolating), play a game, do some schoolwork or read a book together.
- If you have a partner working from home as well, you can take turns in scheduling work times and breaks.



If you would like more information about The Fathering Project, contact: David Walker:

Email: David.walker@thefatheringproject.org

Mobile: 0418 524 456

Or visit our Web Site: <https://thefatheringproject.org/>