

TERM 1 2022 CALENDAR

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10
	31 January	07 February	14 February	21 February	28 February	07 March	14 March	21 March	28 March	04 April
Monday		9.30 – 10.15am Rhyme & Move 10.30 – 11.30am Little Wrigglers	9.30 – 10.15am Rhyme & Move 10.30 – 11.30am Little Wrigglers	9.30 – 10.15am Rhyme & Move 10.30 – 11.30am Little Wrigglers 12.30 – 2.30pm Good bedtime routines	9.30 – 10.15am Rhyme & Move 10.30 – 11.30am Little Wrigglers 12.30 – 2.00pm Protective Behaviours	PUBLIC HOLIDAY	9.30 – 10.15am Rhyme & Move 10.30 – 11.30am Little Wrigglers 12.30 -2.00pm Let's Talk Toileting	9.30 – 10.15am Rhyme & Move 10.30 – 11.30am Little Wrigglers 12.30 – 2.30pm Triple P – Power of Positive Parenting	9.30 – 10.15am Rhyme & Move 10.30 – 11.30am Little Wrigglers 12.30 – 2.30pm Triple P – Raising Confident Children	9.30 – 10.15am Rhyme & Move 10.30 – 11.30am Little Wrigglers 12.30 – 2.30pm Triple P – Raising Resilient Children
	01 February	08 February	15 February	22 February	01 March	08 March	15 March	22 March	29 March	05 April
Tuesday	10.00 - 11.30am Settle-In PG	10.00 - 11.30am Settle-In PG 1.00 – 2.30pm Separation Problems	10.00 - 11.30am Settle-In PG	10.00 - 11.30am Settle-In PG	10.00 - 11.30am Settle-In PG	10.00 - 11.30am Settle-In PG	10.00 - 11.30am Settle-In PG	10.00 - 11.30am Settle-In PG	10.00 - 11.30am Settle-In PG 1.30-2.30pm Hurting Others	10.00 - 11.30am Settle-In PG 1.00 - 2.30pm Strategies for wellbeing after birth
	02 February	09 February	16 February	23 February	02 March	09 March	16 March	23 March	30 March	06 April
Wednesday		Immunisation	9.00 -11.00am Park Play Robinson Park 9.30 – 10.15am BIC Sensorium Theatre – Rhyme Time	Immunisation 9.30 – 10.15am BIC Sensorium Theatre – Rhyme Time	9.30 – 10.15am BIC Sensorium Theatre – Rhyme Time	9.30 – 10.15am BIC Sensorium Theatre – Rhyme Time	9.00 – 11.00am Park Play Robinson Park 12.30 – 2.00pm Playtime PG	Immunisation 12.30 – 2.00pm Playtime PG	Immunisation 12.30 – 2.00pm Playtime PG	Immunisation 12.30 – 2.00pm Playtime PG
	03 February	10 February	17 February	24 February	03 March	10 March	17 March	24 March	31 March	07 April
Thursday	9.00 - 10.30am Multicultural PG 12.30 – 2.00pm CHN Drop-In	9.00 - 10.30am Multicultural PG 12.30 – 2.00pm CHN Drop-In 1.30 - 2.00pm Pregnancy Rhyme Time	9.00 - 10.30am Multicultural PG 12.30 – 2.00pm CHN Drop-In 1.30 - 2.00pm Pregnancy Rhyme Time	9.00 - 10.30am Multicultural PG 12.30 – 2.00pm CHN Drop-In 1.30 - 2.00pm Pregnancy Rhyme Time	9.00 - 10.30am Multicultural PG 12.30 – 2.00pm CHN Drop-In 1.30 - 2.00pm Pregnancy Rhyme Time	9.00 - 10.30am Multicultural PG 12.30 – 2.00pm CHN Drop-In 1.30 - 2.00pm Pregnancy Rhyme Time	9.00 - 10.30am Multicultural PG 12.30 – 2.00pm CHN Drop-In	9.00 - 10.30am Multicultural PG 12.30 – 2.00pm CHN Drop-In	9.00 - 10.30am Multicultural PG 12.30 – 2.00pm CHN Drop-In	9.00 - 10.30am Multicultural PG 12.30 – 2.00pm CHN Drop-In
	04 February	11 February	18 February	25 February	04 March	11 March	18 March	25 March	01 April	08 April
Friday	9.30 - 11.30am First Steps PG	9.30 - 11.30am First Steps PG	9.30 - 11.30am First Steps PG	9.30 - 11.30am First Steps PG 9.00 – 11.00am Park Play Pioneer Park	9.30 - 11.30am First Steps PG	9.30 - 11.30am First Steps PG	9.30 - 11.30am First Steps PG	9.30 - 11.30am First Steps PG 9.00 – 11.00am Park Play Pioneer Park	9.30 - 11.30am First Steps PG	9.30 - 11.30am First Steps PG

Bookings essential unless stated otherwise.

Rhyme and Move

A rhyme and movement program building good balance and coordination skills whilst enhancing language development.

Pregnancy Rhyme Time (no bookings required)

Build your babies early literacy in the womb by singing rhymes.

BIC Sensorium Theatre Rhyme Time

An immersive sensory theatre for children aged 2-4 years old with access needs, including children with multiple and complex disability and those on the autism spectrum. Registrations Required.

Little Wrigglers

A playgroup for children under 12months.

Playtime Playgroup

Playgroup for children aged 0-4yrs. Please bring a water bottle and pre-cut piece of fruit in a container for your child to have.

Multicultural Playgroup

Playgroup for children aged 0-4yrs. Please bring a water bottle and pre-cut piece of fruit in a container for your child to have.

Settle-In Playgroup

For newly arrived families with children aged 0-5years on a Humanitarian visa. Offered in partnership with Communicare & Save the Children. **Phone: 9251 5777.**

First Steps Playgroup (Autism Association of WA)

A free playgroup for families with a child under 6yrs who may experience delays in communication, difficulty engaging with others, or have delayed play skills. Register by email friststepssplaygroup@autism.org.au or phone: 6380 5500.

Separation Problems (crèche available)

Gain strategies to help your child separate calmly from you. *Facilitated by Dept. of Education.*

Good Bedtime Routines (crèche available)

Explore the problems faced at bedtime and the skills needed to get children into a good routine. *Facilitated by Dept. of Education.*

Protective Behaviours (crèche available)

Help your children identify unsafe situations and give them the tools to seek assistance or protect themselves. *Facilitated by Communicare.*

Let's Talk Toileting (crèche available)

Learn how best to approach toilet training and what skills are needed from you and your child. *Facilitated by Communicare*

Triple P – Power of Positive Parenting (crèche available)

Explore how to provide a positive learning environment for your child whilst using assertive discipline. *Facilitated by the Dept. of Education.*

Triple P – Raising Confident Children (crèche available)

Explore the skills that are important for children to succeed at school and get along with others. *Facilitated by the Dept. of Education*

Triple P – Raising Resilient Children (crèche available)

Explore how to help your children increase their emotional skills and build their coping skills. *Facilitated by the Dept. of Education*

Hurting Others (crèche available)

Sometimes children hurt others without thinking. Gain some ideas to help teach your child to be gentle with others. *Facilitated by Dept. of Education.*

Strategies for wellbeing after the birth of your baby (crèche available)

Understand your feelings and gain strategies to help manage the adjustment that comes with a new baby. Also gain suggestions to recognise signs of depression and get help. *Facilitated by Dept of Education.*

Child Health Nurse Drop -In (CHN)

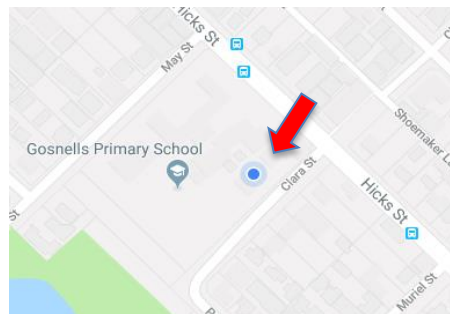
Baby weigh offered weekly.

Immunisation Clinics

Immunisation Clinics are offered Wednesday fortnight. Call 6151 1308 to book your appointment.

Park Play

The CPC team join the City of Gosnells for a fun games and activities in the Park.



Child and Parent Centre – Gosnells

173 Hicks Street (enter via Clara Street)

GOSNELLS WA 6109

T 08 9398 8720

E CPCGosnells@centrecare.com.au

Child and Parent Centres are a State Government initiative.

Your Child and Parent Centre – Gosnells is run by Centrecare in partnership with Gosnells Primary School.



Child and Parent Centre
Gosnells



Child and Parent Centre – Gosnells

Term 1, 2022

For parents, carers and young children from birth to 8 years old.

In partnership with

