## Monday

LITTLE LEARNERS
9:15am - 11:15am
Starts 4th week of term

Transition to Kindy program

This program is closed to
new admissions.

Facilitated by Gosnells

Primary School and Centrecare

# Tuesday

#### SETTLE-IN PLAYGROUP 10:00am - 12 noon

For eligible migrant families in their first 5 years of arriving in Australia.

Offered in partnership with Communicare and 54 Reasons

**Bookings 9251 5777** 

## Term 1, 2024 CALENDAR

## Wednesday

TODDLER TIME 9:15am - 10:15am

Songs, rhymes and play for children 1-2 years.

LITTLE WRIGGLERS 10:30am - 11:30am

A playgroup for children under 12 months.

## Friday

FIRST STEPS PLAYGROUP

Thursday

**MULTICULTURAL** 

**PLAYGROUP** 

9:00am - 11:am

For children 0-4 years.

9:30am - 11:30am

Facilitated by Autism Assn of WA
Free playgroup for families of children
under 6 years who may experience delays
in communication, play skills or engaging
with others. Bookings essential.

Register by email:

firststeps.playgroups@autism.org.au or phone: 6380 5500

CHILD HEALTH DROP IN Thursdays 1:00pm - 2:00pm

A drop-in service to weigh your baby

CHILD HEALTH NURSE PARENT GROUP - Thursdays 1:00pm-3:00pm

Registration via Child Health Nurse

**IMMUNISATION CLINIC Every Second Wednesday** 

Call 6151 1308 to book appointment.

**SPEECH PATHOLOGIST DROP IN** 

Do you have questions about your child's speech and language development? Book a 15 minute session to discuss your concerns.

Phone **9398 8720** to book an appointment.

### FREE Workshops

Bookings Essential Workshop details over the page.

TOILET TRAINING - 11 March 2024 Monday 12:30pm-2:00pm

LET'S TALK TODDLERS - 18 March 2024 Monday 12:30pm - 2:30pm

DADS TUNING INTO KIDS - 27 February and 5, 12 & 19 March 2024 (4 weeks)

Tuesdays 27/2 and 12/3 6pm-7:30pm online Tuesday 5/3 and 18/3 6pm-7:30pm in person

**HEARTBEAT CLUB - 7 February 2024**Wednesday 12 noon - 3:00pm

FOOD SENSATIONS - 6, 13, 20 and 27 March 2024 (4 weeks)

Wednesdays 12 noon - 2:30pm

PARENTING BETWEEN CULTURES - 21 March 2024

Thursday 12 noon - 1:30pm

#### Getting Crafty with Miss Lisa

MONDAYS - 5, 12, 19 & 26 February (4wks)

**12:30pm-1:30pm**For children starting

kindy next year.

Limited Places

Bookings Essential

## Child Health

## Workshops

Bookings Essential. Please email cpcgosnells@centrecare.com.au

#### **TOILET TRAINING - 11 March 2024**

In this interactive workshop learn how to best approach the toilet training process and what skills are need from both you and your child. Facilitated by Communicare.

#### LET'S TALK TODDLERS - 18 March 2024

This introductory workshop assists parents to better understand their toddler's world, offering practical ideas on how you can meet your child's needs and manage challenging behaviours, whilst building a secure relationship with them. Facilitated by Communicare.

## DADS TUNING INTO KIDS - 27 February and 5, 12 & 19 March 2024 (4 weeks)

This program supports fathers' awareness and confidence in their positive influence of their child's development. Sessions offered both online and in person. Facilitated by The Fathering Project.

#### **HEARTBEAT CLUB - 7 February, 2024**

A community education program for parents and carers of children under five. The session covers child and infant resuscitation and basic first aid for common childhood injuries. Facilitated by Royal Lifesaving Club.

#### FOOD SENSATIONS - 6, 13, 20 & 27 March 2024

A hands-on healthy eating and cooking program, designed to provide parents and carers with children 0-5 yrs the tools to create a positive eating experience for the whole family. Facilitated by Foodbank.

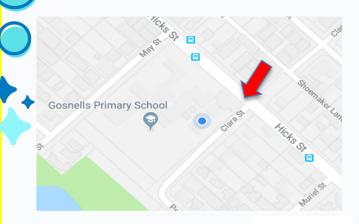
### PARENTING BETWEEN CULTURES-21 March 2024

Facilitated by Relationships Australia, supported by City of Gosnells.

## Park Play

The CPC team join the City of Gosnells for FREE fun games and activities in the park. See the City of Gosnells website to find a Park Play near you!

Robinson Park - 244 Corfield St, Gosnells
Huntingdale Community Centre - Holmes St, Huntingdale
Centennial Pioneer Park - Federation Parade, Gosnells
Wilkinson Homestead Park - 34 Homestead Rd, Gosnells
Alexandria Boulevard Reserve, Canning Vale
www.gosnells.wa.gov.au



## Find us on Facebook

To join, scan the QR code or search Child and Parent Centre Gosnells.

#### **Child and Parent Centre - Gosnells**

173 Hicks Street (enter via gate in Clara Street)
GOSNELLS WA 6110

T 08 9398 8720

E cpcgosnells@centrecare.com.au

Child and Parent Centres are a State Government initiative. Your Child and Parent Centre - Gosnells is run by Centrecare in partnership with Gosnells Primary School.





# Term 1 CALENDAR 2024



#### Child and Parent Centre Gosnells

For parents, carers and young children from birth to 8 years old

<mark>In partnership</mark> with



