



# Dads Tuning Into Kids Training

Dads Tuning into Kids (DTIK) is a father friendly modification of the Tuning into Kids parenting program. Join The Fathering Project for this flexible 4-week program offered both online and in-person.

## Session 1: Online

- Fathers and Child Development
- Emotion coaching: Raising an emotionally intelligent child

## Session 2: In-person

- Understanding your child's emotional experience
- Understanding your child's fears and worries

## **Session 3: Online**

- Emotion coaching sadness and anger
- Challenging behaviour and sibling conflict

## **Session 4: In-person**

• Fine-tuning and takeaways



Date:	Tuesdays 27 <sup>th</sup> February; 5 <sup>th</sup> , 12 <sup>th</sup> & 19 <sup>th</sup> March
Tim <mark>e:</mark>	6:00pm to 7:30pm
Venue:	Child and Parent Centre – Gosnells 173 Hicks Street, Gosnells (access via gate in Clara Street)
Register:	BOOKINGS ARE ESSENTIAL Call 9398 8720 or email cpcgosnells@centrecare.com.au
Supported by:	the <b>fathering</b> project Changing Children's Lives In partnership with