



Gosnells PRIMARY SCHOOL

173 Hicks Street Gosnells WA 6110

School Office: 9234 6350

Principal: MR SCOTT TAPPER

Deputy Principals: MRS MICHELLE MARSHALL,
MR MICHAEL EVERETT, MS CRYSTAL DICKSON

Program Coordinator (Autism):

MRS JO KENCHINGTON



School: www.facebook.com/GosnellsPS

P&C: www.facebook.com/gpspandcassociation



www.gosnellsp.s.wa.edu.au

Newsletter

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13 March 2024

Dear Gosnells Primary School Community

We are in the final stretch as we approach the end of Term 1.

NAPLAN:

Best wishes to all students starting NAPLAN testing from today. Here are some top tips that may be useful for parents when speaking with your children about the NAPLAN tests.

Take your cues from your child: If your child doesn't worry about them then neither should you. Be careful not to create a problem that doesn't exist by talking about, or worse, worrying about the test.

Focus on doing their best and trying hard: Choose your words carefully when you speak with your kids. As with all their learning activities place your focus squarely on effort rather than results. The only pressure on kids should be to try hard rather than to do well.

Listen to any concerns they have: If your child confesses to some nerves then validate their feelings, rather than shut them down with a 'get over it' response. "Yes, sometimes tests can be a little scary, but they get easier every time you take them." Use this as an opportunity to develop some emotional smarts, which starts with recognising how kids feel.

Give them some relaxation ideas: Anxious or nervous kids will benefit from some simple relaxation strategies. Taking some deep breaths, changing their thinking and exercising the morning of the test are some simple ways to help kids get some feeling of control.

Help them retain their perspective: One way to help children who become excessively anxious about an event is to ask what's the worst thing that could happen? Okay, they may not do as well as they would like but the sun will still rise tomorrow, regardless of how well they do. Keeping perspective is a life skill that we all need to practise. A positive, caring parent attitude is one of the best gifts you can give a child when they are apprehensive or nervous about approaching any different situation whether it's going on school camp, joining a new club or sitting a NAPLAN test.

Grant Success:

We are happy to share that we have secured another \$3,000 NAIDOC grant providing \$1,500 for both 2024 and 2025 NAIDOC events.

Coming Events

**Wednesday 13, Thursday 14,
Friday 15, Monday 18 March**
NAPLAN - Years 3 and 5

Tuesday 19 March

Crazy Hair Day
Gold Coin Donation

Thursday 21 March

8:50am - Rooms 14 and 16
Harmony Day Assembly
and Events

Friday 22 March

Interschool Summer Carnival

Monday 25 March

Ride to School Day
Good Standing Event
Fathering Project Event
Board Meeting - 5pm

Wednesday 27 March

Newsletter
Easter Raffle Drawn

Thursday 28 March

Final Day of Term 1

Monday 15 April

Term 1 Commences
Kindy Blue and PP to Year 6

Thursday 18 April

Kindy Yellow Commence



FROM THE PRINCIPAL (continued)

Harmony Day:

On **Thursday, 21 March** we will be hosting a special Harmony Day (with two community events: an assembly and a picnic event) to celebrate the rich diversity of our school community. Students will be encouraged to wear orange or clothing which celebrates their culture.

The Child and Parent Centre will also be kindly hosting a special parenting between cultures workshop from 11:30am for any interested families (details attached with this newsletter).

The Assembly will share a range of Harmony Day performances and will be held at 8:45am to approximately 9:30am in the undercover area.

The Harmony Day Picnic will be held between 1pm and 1:40pm on the school oval.

There will be a special parent zone for parents to meet and share food from around the world.

What to bring:

- A plate of food from your culture to share with other parents.
- Extra food to share with your own family.
- Picnic rugs or folding chairs.
- Wear clothing from your culture.

Please note that parents are welcome to share food from the parent table with their children away from the designated parent zone. Students are encouraged to join their parents and caregivers on the oval at approximately 1:10pm. Children return to class at 1:35pm.

Interested Kindy and Pre-Primary parents and carers are encouraged to collect their children from the classroom to take them to the picnic before 1:00pm. We look forward to welcoming you for these special events.



Harmony Day

FROM THE PRINCIPAL (continued)

Welcome to the GPS Team Irene:

My Name is Irene Mukiira. I work for the Department of Transport WA. I am a Health Promotion officer. My work involves encouraging people to have healthy lives by being mindful of their physical, mental, and whole-body health and well-being.



I relocated permanently to Australia from Kenya, Africa 5 years ago. I love being outdoors, walking, hiking, camping, swimming, or doing anything that helps to connect with nature.

The Department of Transport, in partnership with **METRONET** is implementing the Armadale Line Active Travel project. This project works with schools along the Armadale railway line to deliver **Your Move** program.

Your Move is a program that encourages, students, their families, staff, and whole school community to walk, ride bike, scoot or skate to school. This helps increase physical activity, reduce car congestion during drop offs and pickups, earn points that you can redeem to shop and get school grants and its good for the environment.

I will be working with Gosnells Primary School, in addition to other schools along the railway line, as the **School Active Travel Officer (SATO)** to implement activities throughout the year that can encourage active travel behaviour. Looking forward to working with you all.

Ride to School Day | Monday, 25 March:

This Monday, 25 March is **Ride to School Day** at GPS where we will be promoting the riding of bikes and scooters to school. Students who participate will earn an entry into a raffle for some exciting prizes.

Fathering Project Event | Monday, 25 March:

Best wishes,

Scott Tapper | Principal

Voluntary Contributions 2024 Kindergarten to Year 6 \$60 per year per child

Payments can be made in cash at the School Administration office or online via Qkr!

Download the app for free from Apple's app store for iPhones (for iPads download the iPhone app) or from Google Play for Android phones and tablets.

After downloading the app and registering, select **Gosnells Primary School** from 'Nearby Location' on Qkr or type **Gosnells** after tapping the magnifying glass in the top right of the home screen on Qkr.





Fathers and Father - figures of Gosnells PS
Dads and Kids - Tug of War & Pizza
When: Monday 25th March from 1.00pm (Lunch time)
Where: Undercover area where children eat lunch

While not excluding all our amazing mums, aunties, grandmas and carers, we would love to see more dads, granddads, father figures and significant males take part in our challenge.

This is a great opportunity to have lunch with your children, have fun playing Tug of War, and importantly, create life long memories for your kids.

Please RSVP to <https://forms.office.com/r/PMG4Uc16p1A> by Friday 22nd March.
For more information on The Fathering Project at Gosnells PS please contact
David Walker on 0418 524 456



The Fathering Project supported by:


HONOUR CERTIFICATES

Congratulations to the following students who received an
Honour Certificate at our Assembly on **7 March 2024**

Danica, Elijah, Zac, Tiarah, Anthoinette, Gemma, Skylah, Harrison,
Mahammadyasir, Sophie, Olivia, Arush, Louis, Etrat, Hadis, Elyce, Emily,
Amelia, Noah J, Julia, Noah L, Grace, Armen, Annabel, Isabelle, Justin,
Parker, Bronson, Yuphakorn, Aliyah, Kajali, Elyas and Riri-O-Te-Moana



PRIDE CERTIFICATES

BRONZE PRIDE CERTIFICATE - 75 POINTS

Congratulations to the following students who achieved their
Bronze Pride Award Certificate on **1 March 2024**:

Angela, Eiliyah, Danica, Aamina, Ellisse, Mechack, Hanaan, Phaelon,
Diya, Ruby, Luzian, Amber, Sadhanashristi, Justin, Tyler, Mason, Noah,
Abbigale, Etrat, Kevin, Krysten, Kajali, Dev, Brooklyn and Bella

Congratulations to the following students who achieved their
Bronze Pride Award Certificate on **8 March 2024**:

Xavier, Hargunvir, Aliyah, Tobias, Elyas, Arlo, Annabel, Jordi, Amirah,
Dominic, Bhavya, Evania, Mahan, Theo, Aayush, Bronson, Tiarah,
Valentina, Layla, Daniel, Violet, Tamular, Aura and Amarty

P&C UNIFORM SHOP

School Uniforms can now be ordered by two different methods:

- On-line using **QuickCliq** - <https://app.quickcliq.com.au/>
Online orders close every Thursday morning at 7am
- Filling out a paper copy of the order form (available from the school office)
Paper copy orders close every Thursday morning at 8:30am
Payment is by cash only for ordering through the school office

The uniform order form and QuickCliq instructions can also be found on the school's website:
<https://gosnellsps.wa.edu.au/parent-information/uniforms/>

Orders will be delivered on Thursday to the classroom or, if requested, a text message will be sent to parents who choose to collect their orders from the school office.

If you have any comments or suggestions regarding the Pre-Order Summer Uniforms that were collected on 25, 29 and 30 January 2024 please send an e-mail to amanda.mellican@gmail.com

Amanda Mellican
P&C Uniform Shop Co-ordinator



THE FATHERING PROJECT

Unconditional Love: Tell them you love them and do it often

Top Tips

- Tell them they are loved simply because they are your child.
- Your love needs to be unconditional even when you disagree.
- Even when they've behaved badly tell them you love them.
- Set a goal to never end the day without letting your child know they are loved.
- Surprise them sometimes by telling them you love them when they don't expect it.
- Write how you feel in cards, notes, emails and text messages for them.



www.thefatheringproject.org

INFORMATION FROM COMMUNITY HEALTH NURSE

Undescended Testes

Screening for undescended testes is recommended for boys at school entry (approximately 4-5 years of age). Around 2-4% of boys have an undescended testes at birth. Sometimes the testes (also known as testicle) is in the scrotum at birth but is pulled up into the groin or abdomen at around 4-10 years of age. This happens because the cord that attaches the testicle to the abdomen doesn't grow at the same rate as the child.

Undescended testes don't fully sit within the scrotum. The condition isn't painful but can increase the risk of several other health issues such as decreased fertility and testicular cancer. For those boys who develop an undescended testicle later in childhood, the 'ascending' testicle often needs surgery between 5 years and 10 years.

Please read through the information about undescended testicles provided by [Raising Children Network](#) and encourage your child to check themselves as described there.

If you have any concerns, please contact your General Practitioner or Community Health Nurse, **Tia** on **0448 912 960**.

Neonatology | Community Health | Mental Health | Perth Children's Hospital

The Child and Adolescent Health Service acknowledges the traditional custodians of the various lands on which we work and we pay our respect to Elders past and present.



Compassion Collaboration Equity Respect Excellence Accountability



Everyone is welcome at CAHS, where diversity is valued and respected.

Put some CRUNCH into your day!

Australian children are not eating enough vegetables. Primary school aged children need between 4 and 5 serves every day. Eating vegetables will benefit:

- bones and joints
- brain and nervous system
- energy and metabolism
- heart and circulation
- hydration
- immunity
- skin
- vision

AND they taste great!



Why not pack some fresh vegies for Crunch&Sip®?
Try carrot sticks, cherry tomatoes, snow peas, broccoli and cauliflower pieces, celery or cucumber.

Supported by

healthway

 **Cancer Council**
WA

Learn more at crunchandsip.com.au

Crunch&Sip®