



# Triple P Seminar Series

## POSITIVE PARENTING

**Date:** Wednesday 5 June 2024

Triple P Seminar 1 – The Power of Positive Parenting

Introduces the core principles of positive parenting, having realistic expectations and taking care of yourself as a parent.

## RAISING CONFIDENT CHILDREN

**Date:** Wednesday 12 June 2024

Triple P Seminar 2 – Raising Confident Competent Children

This seminar looks at the skills that are important for children to succeed at school and get along with others.

## SUPPORTING YOUR CHILD'S EMOTIONAL DEVELOPMENT

**Date:** Wednesday 19 June 2024

Triple P Seminar 3 – Raising Resilient Children

This seminar looks at ways to increase your child's emotional skills and build resilience.



**Time:** 12:30pm to 2:00pm

**Venue:** Child and Parent Centre – Gosnells  
173 Hicks Street, Gosnells (access via Clara Street)

**Register:** BOOKINGS ARE ESSENTIAL. **Free Crèche**  
Call **9398 8720** or email [cpcgosnells@centrecare.com.au](mailto:cpcgosnells@centrecare.com.au)

**FREE**

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