

Term 3, 2024 CALENDAR

Monday

LITTLE LEARNERS

9.15am - 11.15am

Transition to Kindy program

This program is closed to new admissions.

Facilitated by Gosnells Primary School and Centrecare

FREE Workshops

Bookings Essential

Workshop details over the page.

BUDGET BITES

23 July 2024

Tuesday 9.30am - 11.30am

GETTING ALONG WITH OTHERS

30 July 2024

Tuesday 9.30am - 11.30am

DADS LIFE

6, 13, 20 and 27 August 2024

Tuesdays 9.00am - 11.00am

KIDS and ANXIETY

3 September 2024

Tuesday 9.30am - 12.00 noon

Tuesday

MUMS CHILL-N-CHAT

12.30pm - 2.30pm

23 July, 6 and 20 August,
and 3 September 2024

Come and chill with a cuppa and have a chat with other local Mums while engaging in some simple, mindful activities.

Wednesday

TODDLER TIME

9.15am - 10.15am

Songs, rhymes and play for children 1-2 years.

LITTLE WRIGGLERS

10.30am - 11.30am

A playgroup for children under 12 months.

Child Health

CHILD HEALTH DROP IN Thursdays 1.00pm - 2.00pm

A drop-in service to weigh your baby

IMMUNISATION CLINIC Every Second Wednesday

Call **6151 1308** to book appointment.

SPEECH PATHOLOGIST DROP IN

Do you have questions about your child's speech and language development? Book a 15 minute session to discuss your concerns.

Phone **9398 8720** to book an appointment.

Thursday

MULTICULTURAL

PLAYGROUP

9.00am - 11.00am

For children 0-4 years.

Bring a piece of fruit to share and a bottle of water.

Friday

LINKS PLAYGROUP

9.30am - 11.30am

Facilitated by Autism Assn. of WA

Free playgroup for families of children under 6 years who may experience delays in communication, play skills or engaging with others. Bookings essential.

Register by email:

LINKSPlaygroups@autism.org.au

or phone: 6380 5500

Workshops

Bookings Essential. Please email cpcgosnells@centrecare.com.au

BUDGET BITES: With current cost of living pressures, does the weekly budget just not seem to stretch as far as you would like? Do you have children that eat you out of house and home? Join us for a workshop sharing practical ideas and strategies on how to solve some of these challenges, including recipes that will not blow the budget. *Facilitated by Communicare.* **Bookings essential. Free creche.**

GETTING ALONG WITH OTHERS: Toddlers sometimes hurt others without thinking. They may bite, scratch, pull hair, push or hit. Biting seems to cause parents the most concern. Apart from hurting, a bite that breaks the skin can become infected. If not dealt with, this kind of behaviour can get worse. This workshop provides some suggestions to help you teach your toddler to be gentle with others. *Facilitated by the Dept. of Ed. Psychology Service.* **Bookings essential. Free creche.**

DAD'S LIFE: Dad's Life provides parent education, support and advice to new dads of children aged 0-3 years and soon-to-be-dads. Learn how to enhance connection and support your child's development, as well as different types of fathering and how expectations of the fathers role have changed over time. *Facilitated by Centrecare.* **Bookings essential.**

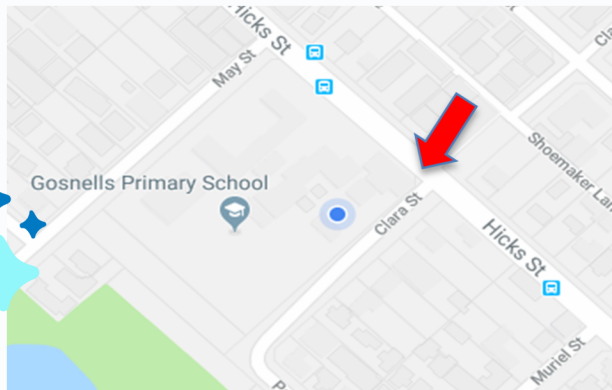
KIDS AND ANXIETY: Whilst some feelings of anxiety can be a normal part of children's development, an increasing number of children are experiencing higher levels of anxiety that are impacting on their everyday life. This course aims to assist parents and caregivers to understand anxiety and provides simple strategies for parents and caregivers to use at home. *Facilitated by Communicare.* **Bookings Essential. Free creche.**

MUMS CHILL-N-CHAT: Come and chill with a cuppa and have a chat with other Mums while engaging in some simple, mindful activities. **Bookings essential. Free creche.**

Park Play

The CPC team join the City of Gosnells for FREE fun games and activities in the park. See the City of Gosnells website to find a Park Play near you!

Robinson Park - 244 Corfield St, Gosnells
Huntingdale Community Centre - Holmes St, Huntingdale
Centennial Pioneer Park - Federation Parade, Gosnells
Wilkinson Homestead Park - 34 Homestead Rd, Gosnells
Alexandria Boulevard Reserve, Canning Vale
Mills Park - Brixton St, Beckenham
www.gosnells.wa.gov.au



 Find us on Facebook

To join, scan the QR code or search Child and Parent Centre Gosnells.



Child and Parent Centre - Gosnells

173 Hicks Street (enter via gate in Clara Street)

GOSNELLS WA 6110

T 08 9398 8720

E cpcgosnells@centrecare.com.au

Child and Parent Centres are a State Government initiative.
Your Child and Parent Centre - Gosnells is run by Centrecare in partnership with Gosnells Primary School.



Child and Parent Centre
Gosnells



Term 3 CALENDAR 2024 15 July - 20 September



Child and Parent Centre Gosnells

For parents, carers and young children from birth to 8 years old

In partnership with

