

BETTER HEALTH PROGRAM

Referral form

Better Health Program is a **free** healthy lifestyle program for 6-12 year old children who are above a healthy weight and their families. The program is evidence-based and designed by health professionals. The program is delivered either as face-to-face group sessions or online, via interactive activities accompanied by weekly health coaching. Practical resources are provided to families throughout the program for further support.

For more information please call us on **1300 822 953** or send us an email at info@betterhealthcompany.org

Family details

Parent/Carer name*: _____ Relationship to child: _____

Contact number*: _____ Email Address: _____

Home Address: _____ Postcode*: _____

Referral 1

Name*: _____ Date of Birth: _____

Gender _____ Height: _____ Weight: _____

Referral 2

Name*: _____ Date of Birth: _____

Gender _____ Height: _____ Weight: _____

Comments / other relevant information

Health professional's details

Please complete the details below and email or fax to 1300 325 301 or scan the QR code to refer online

Referrer's name*: _____

Name of service/practice*: _____

Phone number: _____

Email address: _____

* Notes mandatory field

I am a School Health Nurse or Child Health Nurse: Yes No



Scan to refer online



Government of Western Australia
Department of Health

**BETTER
HEALTH
CO.**

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